

[Training Ritual](#) by [Ferdie Pacheco](#)

Lithograph on Paper - Main Subject: Illustration



**Item Number**  
4797040512

**Retail Value**  
\$200

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**Dimensions (As Shown)**  
16W x 22H Inches  
40.64W x 55.88H cm

**Medium**  
Lithograph on Paper

**Edition**  
- Limited Edition of 500  
- Plate-Signed 

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**About Ferdie Pacheco**

Ferdie Pacheco was born in Tampa , Florida on December 8, 1927 with deep ancestral roots in Spain. As a painter, his imaginative use of color and design along with his aggressive use of vivid, slashing, colorful patterns exude a sense of strength expressing the bold, gutsy, personal statements of a man who has immersed himself fully in life. Pacheco has the rare ability to transfer these experiences onto canvas through intense color and brushstrokes. His skills earned him the Gold Medal and First Prize in Tonneins, France: the First Prize, Best Colorist at Musee Du Luxembourg.

Ferdie Pacheco, MD has been called a Renaissance Man because of his polifacetic career. He has been successful as a pharmacist, medical doctor, Fight Doctor in boxing, including working as a corner man for twelve world champions, including Muhammad Ali for seventeen years. He also served as a boxing commentator for NBC, Showtime and Univision, winning two Emmies. During this time he was the Boxing Consultant for NBC for ten years. He is retired from broadcasting after being on for 25 years. He has had 14 books published, and written articles, columns, reviews for many of the major newspapers in America.

Like other exceptionally creative individuals, Pacheco showed precocity in childhood where he began drawing and painting at the age of five. His creative abilities continued through adolescence. At the age of fourteen, Pacheco realized that he wanted to become a doctor and began assisting in surgery. His passion for the arts continued through his health care training as his cartooning financed his medical education. Through medicine, he studied the human form, which in return gave his art anatomical integrity. His motifs were affected by art-historical influences-specifically Vincent Van Gogh; Mexican artists: Tamayo and Diego Rivera and Rufino Tamayo; German artists: George Grosz and Oscar Kokoscka, and American artists: Thomas Hart Benton and Fletcher Martin.

Pacheco's deftly designed, intensely colored pieces are abstract conceptions reflective of rich life experiences and profound academic curiosity. Pacheco knew little Havana way before the retro-Cuban wave. As a young doctor, transplanted from his native Ybor City in Tampa , he set up his practice on South West Eighth Street the year the early Cuban exiles began streaming into the city. In their stories, he found echoes of his own family's immigrant roots, as his father was the Cuban-born son of a Spanish consul on the island. These are stories that would stock his repertoire of detail-laden, human anecdotes and inspire splashes of colors that he would transfer onto canvas.

Painting remains his passion and his popularity is fast spreading to other countries within the Art World.

## Lithograph on Paper

This printing technique uses a planographic process in which prints are pulled on a special press from a flat stone or metal surface. The surface has been chemically treated so that ink sticks only to the design areas, and is repelled by the non-image areas. Lithography was invented in Germany in 1798. The early history of lithography is dominated by great French artists such as Daumier and Delacroix, and later by Degas, Toulouse-Lautrec, Picasso, Braque and Miro.

Based on the principle that oil and water repel, a Lithograph is created when an artist produces an oil-based or pen image on a stone or piece of metal. This surface is then moistened and covered with an oil-based ink. The resulting chemical reaction between the oil and water drives away the ink on the surface except where the drawing was first done. Fine quality paper is then placed against the surface and a lithographic press is used to create the print. Modern technology and processes have provided artists with many unique methods with which to create magnificent lithographs. In the 1890s color lithography became enormously popular with French artists, Toulouse-Lautrec most notably of all, and by 1900 the medium in both color and monotone was an accepted part of printmaking, although France and the US have used it more than other countries. George Bellows, Alphonse Mucha, Pablo Picasso, Jasper Johns, David Hockney and Robert Rauschenberg are a few of the artists who have produced most of their prints in the medium.

As a special form of lithography, the Serilith process is sometimes used. Serilith are mixed media original prints created in a process where an artist uses the lithograph and serigraph process. The separations for both processes are hand drawn by the artist. The serilith technique is used primarily to create fine art limited print editions.

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